

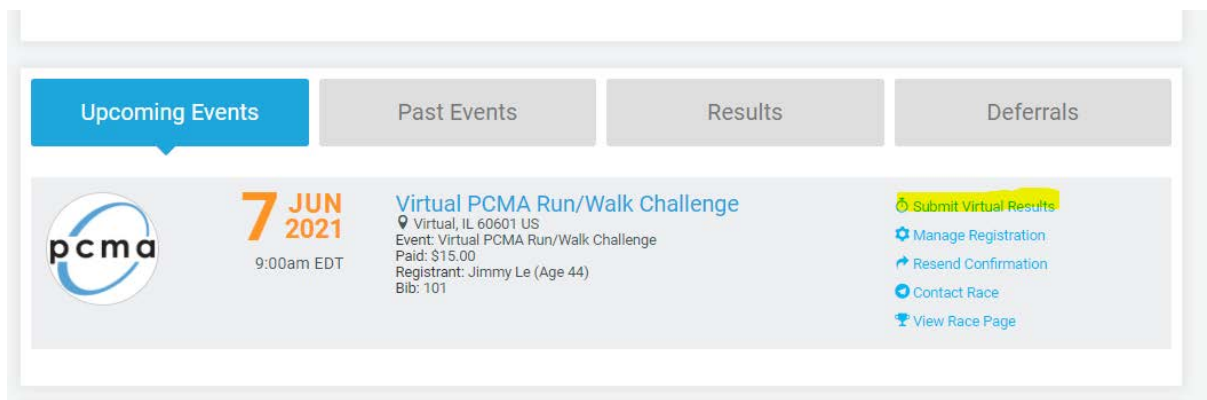


PCMA Virtual Run/Walk Challenge
June 7 – July 7
How to submit your activities

1. Go to the [event website](#) and login
2. After you have logged in, click on “Profile”



3. Select “Submit Virtual Results”



4. Input your time and distance, then click "Submit Activity." **Please note:** Although you can submit your activity in bulk by uploading an Excel spreadsheet, it is highly recommended that you log your activity as you go. Also, the RunSignUp will NOT ask for proof of your activity, but PLEASE be truthful with your entries. Your mileage will be added to the overall team mileage.

New Activity

Date Completed * 06/07/2021

Distance in Miles * miles Convert from: v

Enter Your Time 00 : 00 : 00

HR MIN SEC

Comment

5. You can view Individual and Team results as follows:

pcma

Sign Up Donate

RACE INFO EVENT INFO SIGN UP PCMA CHAPTERS FIND A PARTICIPANT DONATE MORE

Virtual PCMA Run/Walk Challenge
Mon June 7 - Fri July 9, 2021
Virtual, IL 60601 US

Results

Individual Results Team Results

Virtual PCMA Run/Walk Challenge - Team Results

Last loaded: 6/7/2021, 12:07:29 PM

PLACE	TEAM	CLOCK TIME	MILES
1	Greater New York	39:38	4.10 miles
2	Capital Chapter	35:00	3.00 miles

Page 1 of 1